

Region 2 / Division 2

Coaches,

I would like to welcome you to the start of the 2026 Powerlifting Season. I am enclosing important information, so please take a moment to read it.

Membership Dues

Amount - \$75 (Made out to THSPA and mailed to THSPA, Box 1072, Crowley, TX 76036)

Deadline – Must be POSTMARKED by January 24, 2026

Late Dues - \$200 (Must be paid or lifters will not be allowed to compete at the Regional Meet)

Invitational Meets

Please let me know in advance if you are going to host a meet this year. No need to certify it through the website.

You must use Power Score (provided free on the website) to score your meet.

Results must be sent to me before 4:00 PM on the Monday following your meet.

Important Dates

January 24 – Dues must be post marked

February 28 – Last Qualifying Date

March 2 – Weight Declarations (for dual qualified lifters) must be made no later than 4:00 PM.

March 14 – Regional Meet at Gatesville High School

March 27-28 – State Meet at Taylor County Expo Center, Abilene, TX

Rule Books

Updated Rule Books (including the Unequipped Division Rule Book) should be posted on the website in the next few weeks. I'll let you know when I know.

Good luck to you all this season and please reach out to me with any questions you may have.

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